

August 2012



## Partner Update

### Michigan Department of Community Health News

#### **MiCA Meeting – October 23, 2012**

The next scheduled MiCA meeting will be held at the Michigan Public Health Institute in Okemos, Tuesday, October 23, 2012. Please mark your calendar. More information will be sent as the meeting date draws nearer.

#### **Partner Survey Coming Soon!**

Last month we wrote about a partnership survey. The survey will be released in August, so look for it to arrive in your inbox soon! We will compile the survey results and share them at our October 23<sup>rd</sup> meeting.

#### **MiCA Partner Update Deadline**

If you have information you would like us to include in the September MiCA Partner Update, please send it to Christi ([demitzc@michigan.gov](mailto:demitzc@michigan.gov)) by Friday, August 24, 2012.

### Partner News

#### **National Kidney Foundation of Michigan**

NKFM and MDCH have been collaborating to provide tools, technical assistance and support regarding blood pressure measurement and management to physician practices, free clinics and Federally Qualified Health Clinics serving the Medicaid population in southeast Michigan. Pre/post-testing has demonstrated new knowledge has been gained, evaluation results have been positive. A total of 125 patients used the Blood Pressure Information Centers, 22 self-identified that they have hypertension, reinforcing the impact of self-management. Contact Eileen Worden ([wordene@michigan.gov](mailto:wordene@michigan.gov)) for more information.

#### **MPRO**

MPRO, Michigan's Medicare Quality Improvement Organization (QIO), has been collaborating with MDCH and 80 office practices in their Cardiac Learning and Action Network. The networks are using evidenced based strategies, goal development, process improvement, patient engagement and self-management, identification and management of risk factors and access to community resources to address smoking cessation, aspirin therapy, blood pressure control and cholesterol control. There were two recent lunch time conference calls that featured the following presentations: "Blood Pressure Measurement, Guidelines and Education" and "Measuring Blood Pressure at Home-a Guide for Healthcare Professionals." Both presentations were very well received by staff. Contact Eileen Worden ([wordene@michigan.gov](mailto:wordene@michigan.gov)) for more information.

#### **Paul Coverdell Stroke Registry**

Michigan is one of 11 states awarded funding for the CDC Paul Coverdell Stroke Registry Grant. The new program is entitled Michigan's Ongoing Stroke Registry to Accelerate Improvement of Care" (MOSAIC). This three year continuation program will immediately follow the very successful Michigan Stroke Registry and Quality Improvement Program (MiSRQIP). MOSAIC will continue the surveillance and quality improvement work and expand efforts to assess and improve practices and outcomes for stroke patients post discharge in selected hospitals. Please contact Stacey Roberts at [robertss5@michigan.gov](mailto:robertss5@michigan.gov) for additional details or with questions.

## National Partner News

### New CDC Sodium Resources

CDC's Division for Heart Disease and Stroke Prevention has released new fact sheets and a new guide on strategies for sodium reduction in worksites. These and other sodium reduction resources are available at

<http://www.cdc.gov/salt/publications.htm>.

### Million Hearts™ Video Challenge Deadline, August 31<sup>ST</sup>

CDC and Million Hearts™ launched the “Million Hearts™ Caregiver Video Challenge” on July 16. The challenge requests videos which share a caregiver's story and gives tips for preventing or controlling high blood pressure.

The nation-wide contest is open until August 31, 2012 and more information can be found at

<http://millionhearts.challenge.gov/>.

### Healthy Heart, Healthy Family

You may have been one of the many who joined the US Department of Health & Human Services webinar on July 26 that addressed cardiovascular health in disparate groups. The National Heart, Lung, and Blood Institute (NHLBI) at the National Institutes of Health (NIH) created a heart health curriculum entitled *Healthy Heart, Healthy Family* to empower these populations with specific tools to manage their cardiovascular health. This curriculum, originally developed for families in Filipino communities, has also been adapted for communities with other diverse populations, including African-American, Native American and Latino. *Healthy Heart, Healthy Family* is an evidence-based cardiovascular program that provides a curriculum on subjects that aim to promote heart healthy behaviors and lifestyles, such as: how to recognize the signs of a heart attack; how to eat and cook healthy foods at home; how to eat healthy on a budget; and how to control high blood pressure. The program also engages community health workers and provides them with information to teach the importance of screening and regulating cholesterol, blood pressure, and blood sugar. Community health workers also educate participants on lifestyle changes that can improve their cardiovascular health. A FQHC in Hawaii shares results from its *Healthy Heart, Healthy Family* program. The program showed improvement among clinical measures, including lower blood pressure at 6 months (not shown at 12 months) and lower fasting blood glucose and cholesterol levels at 6 and 12 months. The webinar will be archived soon, and you can view it at <http://healthypeople.gov/2020/connect/webinarsArchive.aspx>.